



Mission Valley YMCA Hiking Club

Get involved in the Mission Valley YMCA's Hiking Club!

Come join us on our next hike at Cowles Mountain.

***Saturday
September 26***

Members\$10

Participants\$15

(Per Hike; Transportation not included.)

Location: Cowles Mountain
3-4 mile hike; intermediate level

Time: 8:15 a.m. (meet at Mission Valley YMCA) . . . OR
8:45 a.m. (meet at Trailhead)
Transportation not included.

Bring: Water, a cap/visor, sturdy walking shoes, sunscreen, and trail snacks



For further information, call Michelle Victor at 619-298-3576, ext. 1217 or mvictor@ymca.org

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