

TOBY WELLS YMCA DEVELOPMENTAL PRESCHOOL MENU

Week 2

(9/10, 10/8, 11/5, 12/3, 12/31, 1/21)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK 9:30	Crisp Rice Cereal w/ Milk	Cottage Cheese Pineapple	Blueberry Loaf Milk	Graham Crackers Milk	Fruit Yogurt Butter Crackers
LUNCH 11:30	Beef Ravioli Green Beans Goldfish Grahams Peaches Milk	Meatloaf Whipped Potatoes Mandarin Oranges Dinner Roll Milk	Fish Shapes Caeser Salad Chilled Pears Milk	Spaghetti Steamed Peas Chilled Applesauce Milk	Beef Teriyaki Nuggets Steamed Spinach Brown Rice Orange Wedges Milk
PM SNACK 2:30	Cheese Slice Butter Crackers	Cheese Crackers Apple Juice	Cheese Sandwich	Goldfish Pretzels Berry Juice	Petite Banana Milk