

TOBY WELLS YMCA DEVELOPMENTAL PRESCHOOL MENU

Week 3

(9/17, 10/15, 11/12, 12/10, 1/28)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK 9:30	Cheese Crackers Apple Juice	Crisp Rice Cereal w/ Milk	Diced Cured Turkey Orange Juice	Cornmeal Bar Milk	Bagel Half w/ Margarine Milk
LUNCH 11:30	Spaghetti Dinner Roll Kiwi Wedges Milk	Macaroni & Cheese Caesar Salad Orange Wedges Milk	Lasagna Roll-Up Zucchini Sticks Chilled Pears Milk	Meatloaf Potato Wedges Dinner Roll Applesauce Milk	Chicken Nuggets Steamed Spinach Orange Wedges Goldfish Grahams Milk
PM SNACK 2:30	Graham Crackers Milk	Fruit Yogurt Apple Juice	Petite Banana Milk	Toasted O' Cereal w/ Milk	Cheese Crackers Berry Juice