

TOBY WELLS YMCA DEVELOPMENTAL PRESCHOOL MENU

Week 4

(9/24, 10/22, 11/19, 12/17, 1/7)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK 9:30	Graham Crackers Milk	Cheese Slice Butter Cracker	Cottage Cheese Chilled Peaches	Crisp Rice Cereal w/ Milk	Mandarin Oranges Fruit Yogurt
LUNCH 11:30	Fish Shapes Caeser Salad Tropical Fruit Mix Milk	Turkey & Gravy Whipped Potatoes WW Bread w/ Margarine Orange Smiles Milk	Beef Ravioli Green Beans Petite Banana Milk	Spaghetti Steamed Spinach Kiwi Wedges Milk	Beer Teriyaki Nuggets Potato Wedges Dinner Roll Pineapple Milk
PM SNACK 2:30	Cottage Cheese Orange Juice	Diced Cured Turkey Apple Juice	Graham Crackers Milk	Blueberry Loaf Milk	Cheese Sandwich