



# MISSION VALLEY YMCA Summer Camp 2016

## BMX Pro Camp 7-15

### August 8<sup>th</sup> – August 12<sup>th</sup>

Week 8	Monday 8/8	Tuesday 8/9	Wednesday 8/10	Thursday 8/11	Friday 8/12
Extended Camp 6:30 - 8:30 a.m.	Board Games, Arts and Crafts, Brain Teasers, and low active activities With our outstanding morning counselors.				
A.M.	Campers will travel to <b>Kearny Mesa Park</b> (Monday-Wednesday) and the <b>Olympic Training Center</b> (Thursday-Friday) to learn from BMX World Champions and Olympians at Dale Holmes Racing. This camp is perfect for beginners and experts alike!				
P.M.	Campers will get the true camp experience through arts & crafts, group games, songs, sports, and BIG FUN at Mission Valley YMCA				
Extended Camp 4:00 – 5:30 p.m.	Board Games, Arts and Crafts, Brain Teasers, and low active activities With our outstanding afternoon counselors.				

**MISSION VALLEY YMCA**  
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**ADDITIONAL INFORMATION:**

- Buses start departing the YMCA at 9 a.m. Please note that all field trips and travel times are subject to change.
- Don't forget to bring a lunch, snack, water, sunscreen, a swim suit, towel, and wear closed-toe shoes.
- Please leave all electronics, cell phones, toys, games, and other valuables at home.
- \$1 per minute late fee will be charged for pick-ups after 5:30 p.m.