



Roosevelt IB Middle School

PTSA[®]

Parent, Teacher, Student Association

ROOSEVELT INTERNATIONAL MIDDLE SCHOOL



AFTER-SCHOOL ACTIVITIES

2015-2016

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ROOSEVELT INTERNATIONAL MIDDLE SCHOOL'S AFTER-SCHOOL ACTIVITIES: ABOUT

Roosevelt International Middle School — in partnership with the YMCA PrimeTime Program and the Parent Teacher Student Association (PTSA) — is excited to announce this year's expanded and improved after-school enrichment activities. We're offering a wide range of activities, from sports programs, to theatre, Spanish and French conversation, dance, science, journalism, and more!

PrimeTime will be providing the overall administrative coordination for the programs this year. Although kids will have to fill out an application for PrimeTime to participate in the programs offered below, they will not have to stay and participate in any other PrimeTime activities other than the activities they sign up for. **Bottom line: they will not have to meet any minimum-hour requirements in PrimeTime if they only want to participate in the after-school activities. However, if a third-party program class is canceled and students are not enrolled in PrimeTime, parents must pick up their children immediately after school. You may want to consider signing up for Primetime to play it safe.**

We hope our kids will enjoy the great programs we have to offer!

2015-2016 CLUB SCHEDULE AFTER-SCHOOL PROGRAMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
M.E.Ch.A. (2:30 - 3:30)	Tennis (1:30 - 3:00)	Power in Pairs (2:30 - 3:30)	Garden (2:30 - 3:30)	Flamenco* (2:30 - 3:30)
Power in Pairs (2:30 - 3:30)	Art with SDMA* (1:30 - 2:30)	MESA (2:30 - 3:30)	Strategic Games (2:30 - 3:30)	Journalism* (2:40 - 4:10)
MESA (2:30 - 3:30)	Photography** (1:30 - 2:30)	Cheer* (2:30 - 4:00)	Spanish Conversation (2:30 - 4:00)	
Cheer* (2:30 - 4:00)	Junior Theatre* (1:40 - 3:40)	Yearbook (2:30 - 4:30)	Art with SDMA* (2:30 - 3:30)	
<p>* = Third-party programs; do not require a PrimeTime application for participation.</p> <p>** = Photography does not begin until after the seven-week session of Art with SDMA.</p> <p>Additional clubs not listed on schedule; see club descriptions.</p>		Sixth Grade French (2:35 - 3:30)	Junior Theatre* (2:40 - 4:40)	
		Eco-Club (3:30 - 4:30)	Academic League (3:30 - 4:30)	
			Girls in Science (3:30 - 5:00)	
			Gaelic Football* (4:00 - 6:00)	

**Clubs will begin on Monday, September 21,
unless otherwise noted within club descriptions.**

ORGANIZATIONS

These programs are made possible by the following organizations:

ROOSEVELT INTERNATIONAL MIDDLE SCHOOL

All students at Roosevelt International Baccalaureate Middle School will have access to a safe environment that encourages and teaches passion, values and democratic principals in order to prepare all learners to contribute to society in a positive way.

International Baccalaureate Mission

The International Baccalaureate Organization aims to develop inquiring, knowledgeable, and caring young people who help to create a better and more peaceful world through intercultural understanding and respect. To this end, the IBO works with school, governments, and international organizations to develop challenging programmes of international education and rigorous assessment. These programmes encourage students across the world to work to become active, compassionate and lifelong learners who understand that other people with their differences can also be right.

YMCA PRIMETIME PROGRAM

The YMCA PrimeTime Day Program provides middle school students with a fun and engaging learning environment during the hours most parents/guardians are working. Students are challenged socially and academically through a variety of structured activities with their friends. Arts, music, athletics and cooperative teambuilding games are just a few of the invigorating activities students will participate in during the program.

The YMCA is for youth development, healthy living and social responsibility. The YMCA is dedicated to helping all people realize their fullest potential through the development of the spirit, mind and body.

PTSA

We're committed to helping to raise the money and provide the people power to help our kids succeed in school and in their lives by providing support for:

- After-school enrichment activities
- Uniforms and other support for low-income students
- Field trips
- Teacher training, recognition and support
- Sixth grade camp
- Eighth grade promotion activities
- Anything else that our teachers, staff and kids identify

To find out more about the PTSA, visit: www.rooseveltptsa.org

HOW TO APPLY & ATTENDANCE EXPECTATIONS

All students who desire to participate in a PrimeTime-managed club must fill out a PrimeTime application. Students who wish to participate only in clubs may leave once the club has concluded for the day, and must promptly leave campus at the conclusion of their club. Loitering on campus will not be allowed. Chronic loitering may result in disenrollment from an after-school club. Students are expected to follow school and YMCA PrimeTime rules for student conduct.

PrimeTime will be providing overall administrative coordination for the programs this year. Although students will have to fill out an application for PrimeTime to participate in the programs offered below, they will not have to stay and participate in any other PrimeTime activities other than the activities they sign up for.

ROOSEVELT INTERNATIONAL MIDDLE SCHOOL AFTER-SCHOOL CLUBS AND ACTIVITIES

ACADEMIC —

Academic League – Thursdays, 3:30 – 4:30 p.m., Room 806,

Leader: Mrs. Knox. Like trivia? Know it all? Join the Academic League! Quiz bowl questions range from pop culture to world geography, math and science, world history, music and art, and more. Students practice on each other here at Roosevelt, and spend some time researching those topics to prepare for individual and team competitions against other schools.



*** Journalism – Starts Oct. 2; Fridays, 2:30 – 4:00 p.m.,**

Room 810, Leader: Ms. Garcia. So many interesting, important things happen at school. As a member of this club, you can share this information with fellow students — and learn the basics of journalism. Members will produce a monthly, printed, school-centered newspaper in English and Spanish. They will learn basics such as interviewing techniques and how to research and verify information, write basic stories, take photographs for publication and design a newspaper layout. The instructor, a former senior editor at the San Diego Union-Tribune and Enlace, once wrote for Roosevelt's newspaper The Rough Rider. She teaches digital journalism at City College.



* = Third-party programs; do not require a PrimeTime application for participation.

ROOSEVELT INTERNATIONAL MIDDLE SCHOOL AFTER-SCHOOL CLUBS AND ACTIVITIES

ACADEMIC —

M.E.Ch.A. – Mondays, 2:30 – 3:30 p.m., Room B1,

Leader: Mr. Medina. M.E.Ch.A. is an acronym for Movimiento Estudiantil Chicana/o de Aztlan. M.E.Ch.A. is a focused organization of committed leaders and members who are role models for our community.



M.E.Ch.A. builds the importance of attending a college or university and being able to accomplish the goal of obtaining a college degree. Join our club and learn about Mexican-American culture while getting help with homework and making new friends. We will be conducting college visits to complete our career and college research plan and you will be required to make a small presentation about the college and career you picked. Other activities will include fundraisers, other field trips, and an end-of-the-year celebration with an awards ceremony in the school garden.

Power in Pairs – Mondays & Wednesdays, 2:30 – 3:30 p.m.,



Library, Leaders: Mr. Runyan and Mr. Zeunges. Power in Pairs is a peer-led tutoring program. We work very hard to match up a student with strong academic skills (coach) with a student who needs tutoring in one or more academic areas (seeker). We require students to attend regularly, and be active participants in the process.

Yearbook – Wednesdays, 2:30 – 4:30 p.m., Room 208,



Leader: Ms. Williams. Come for the first hour, second hour or both. Open to all students. Create Roosevelt Roughrider's annual yearbook from start to finish. Develop and hone skills in photography, graphic design, artistic page development, creating copy and using Photoshop. Help us capture all the amazing memories we create at Roosevelt every day.

ASB Leadership Builders – Days and times to be announced

on RooTube. Get experience from the ground up about how ASB works; get involved in school government, activity planning and school



functions. Help build school spirit and give students a voice in making important school decisions. All students are welcome. You do not have to be in the ASB elective class to participate. If you have questions, contact Ms. Williams in Room 208 or at lwilliams4@sandi.net.

ART: VISUAL —

* **Art with the San Diego Museum of Art** – Sept. 22 – Nov. 5 (seven weeks); Tuesdays, 1:30 – 2:30 p.m. and/or Thursdays, 2:30 – 3:30 p.m., Room 362, Leader: San Diego Museum of Art Instructor. Express your creative side and have fun creating projects in a variety of art mediums — painting, drawing, sculpture, mixed media, printmaking and more. There are also opportunities to visit the San Diego Museum of Art for a private tour with your friends.



* **Photography with the Museum of Photographic Arts** – Nov. 10 & 17, Dec. 1 & 8 (four days); Tuesdays, 1:30 – 3:30 p.m., Room 362, Leader: San Diego Museum of Photographic Arts Instructor. EXPOSURE with MoPA: Explore image-making with the Museum of Photographic Arts! Experiment with various photographic techniques to create image-based art projects while learning to express your ideas visually. Cameras are provided. Instructor Jessie McIntyre is the Youth Programs Coordinator and lead teaching artist with the Museum of Photographic Arts and is an active artist with a passion for empowering youth to find their voice through photography.



ART: PERFORMING —

* **Flamenco 101** – Fridays, 2:30 – 3:30 p.m., Auditorium, Leader: Ms. Burton of Flamenco with Roots Performing Arts. Flamenco with Roots is keeping the art and history of Southern Spain and Andalusia alive through Flamenco. Flamenco 101 is a combination of interwoven feet work and arm movements, learning the proper counts and how to combine the music and rhythm of Flamenco while having fun and letting art bring people together. This spectacular dance is so inviting for boys as well as girls. Come stomp, clap, build cardiovascular strength, enhance motor and cognitive balance, and learn Spanish while enjoying dance and cultivating cultural understanding. This class will end in a recital performance.

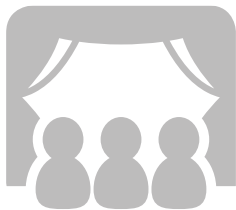


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ROOSEVELT INTERNATIONAL MIDDLE SCHOOL AFTER-SCHOOL CLUBS AND ACTIVITIES

ART: PERFORMING —

* **Junior Theatre** – Fall semester; Sept. 15 – Nov. 19; Tuesdays, 1:40 – 3:40 p.m. & Thursdays, 2:40 – 4:40 p.m., Auditorium, Leaders: San Diego Junior Theatre Staff. Discover what acting for the theatre is all about! The Junior Theatre After-School Program offers an immersive experience in the process of rehearsing and performing a play — one play per term (titles are TBA). Auditions will be held on the first day of class each term, with rehearsals taking place thereafter. At the end of each term, the program will culminate in two performances on the final day. Students will be expected to do research, develop their characters, memorize lines, and perform for fellow Roosevelt students, friends, and family. Due to the nature of the rehearsal process, a commitment to attending the entire term's program is required. You may sign up for either one term or both.



YMCA Dance – Days and times to be announced. We focus on various dance styles including contemporary and hip-hop movement and seek opportunities to fuse all styles into some of our work. Our dancers come together to learn from one another, express creativity, and celebrate the richness of diversity present in our community through dance movement. Our love for music and the performing arts will converge with the passion we have to help others experience the joy of movement through dance!



YMCA Music – Days and times to be announced. Music is the universal language of the world. Through our YMCA music club, we seek to share the joy of music with our students. Class time will include an introduction to music theory and the basics of the acoustic guitar.



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LANGUAGES —

Sixth-Grade French Club – Wednesdays, 2:35 – 3:30 p.m., Room 108, Leader: Ms. Doyen. Sixth-Grade French Club “Club Français” is open to all sixth-graders interested in watching French films, talking about other cultures, sharing a “gouter” — an after-school snack that students bring. We vote for a club president, secretary and assistants. We organize special events depending on what the group decides. Students can also help each other to go over learning in class, review vocabulary, and work on French projects with their partner.



Spanish Conversation – Thursdays, 2:30 – 4:00 p.m., Room 805, Leader: Mr. Mosler. ¡Bienvenidos! Looking for a place to practice your español? The Spanish Conversation Club is the place to practice, learn and become more fluent in Spanish. Raise your confidence and feel more secure speaking in Spanish. Get your grades up, meet other Spanish learners, and join in on fun field trips and skits.



SCIENCE —

Garden Club – Thursdays, 2:30 – 4:00 p.m., Room B-2, Leader: Mr. Garcia. Come get your hands dirty and gain an appreciation for how to create a sustainable environment. Between the huge garden area shared with the San Diego Zoo, our aquaponics farm, we are so fortunate to have a living laboratory to demonstrate to our community how, through eco-friendly low input methods, the RMS community can address sustainable food production, home energy conservation, reduced global footprint, healthy food for students, and opportunities for participating in the emerging green, local economy.



Girls in Science – Starts Sept. 19; Fridays, 2:30 – 4:30 p.m., Room 802, Leaders: Mrs. Leach (AKA Ms. Hively) and Zoo Staff. The Girls in Science Club is a partnership with the San Diego Zoo. While at the San Diego Zoo and here at Roosevelt, members learn about topics such as habitat conservation, ecosystems and animal life cycles from women working in various capacities at the zoo. **Girls interested in participating must submit an application by September 12 (applications will be available September 8 from Mrs. Leach in Room 802). Students will be notified of their club membership status by September 17.**



ROOSEVELT INTERNATIONAL MIDDLE SCHOOL AFTER-SCHOOL CLUBS AND ACTIVITIES

SCIENCE —

Eco-Club – Wednesdays, 3:30 – 4:30 p.m., Room 802,

Leader: Mrs. Leach (AKA Ms. Hively). The Eco-Club is open to all



students in all grades who are interested in working together to help save the planet. In this group, we will explore the 3 R's — reducing, reusing and recycling. Members will take an active role in choosing specific projects and goals. Love your planet, work together as a team — join the Eco-Club!

MESA – Mondays & Wednesdays, 2:30 – 3:30 p.m., Room 807,

Leader: Ms. Sponsler with support from San Diego High Science



and Technology staff and students. Come to MESA and build an engineering or science project for a competition in February at SDSU (Roosevelt has consistently won regional and state awards). Sample projects include mouse trap cars, model of the eye, popsicle stick bridges, and others. Students can advance to the state and national level.

SPORTS & GAMES —

*** Cheer Club** –

Informational Meetings: Sept. 9 & 10, 2:30 – 3:30 p.m., Room 701

Cheer Tryout: Friday, Sept. 18, 2:30 – 3:30 p.m.

Tryout Clinics: Sept. 14 & 16, 2:30 – 3:30 p.m.

Mondays & Wednesdays, 2:30 – 4:30 p.m., Room 701,



Leader: Ms. Johnson. The purpose of the club is to promote and uphold school spirit through the support of school sports, clubs, events and competitions while providing an opportunity for participants to learn teambuilding and communication skills, build their confidence and physical abilities, with many competitions throughout the year.

Strategic Games – Thursdays, 2:30 – 3:30 p.m., Room 201,



Leader: Mr. Zeunges. Strategy games are great for growing skills of problem solving and critical thinking. We have Chess, Life, cards, checkers, Sorry, Battleship, Hangman and more. Students may bring their own board or card games too!

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SPORTS & GAMES —

* **Gaelic Football** – Starts Feb. 4, Ends May 26; Thursdays, 4:00 – 6:00 p.m., Roosevelt Joint-Use Field, Leader: Dennis Gage with San Diego Youth Gaelic Athletic Association. Gaelic Football (or Irish Football) is a combination of soccer, Australian rules football and basketball (non-contact). It is a fast, fun game that teaches speed, agility, hand-eye coordination, teamwork and sportsmanship. Everyone welcome (boys and girls) and everyone plays, regardless of skill level. Come join the fun! We hold games on Sundays a few times during the year. No registration fees; only equipment needed are soccer cleats and a mouth guard. For more information: Dennis.Gage@me.com, www.SDYGAA.com or 619-549-7438.



Middle School Sports (MSPAL) – Multiple days, 2:30 – 4:00 p.m., PrimeTime Room, Leader: PrimeTime Coach. The YMCA's Middle School P.L.A.Y. Athletic League (MSPAL) runs year-round with Coed Flag Football and Girls Volleyball in the fall, Boys and Girls Basketball in the winter, and Boys and Girls Soccer in the spring.

Middle schools participating in MSPAL include Copley-Price and Mission Valley YMCA PrimeTime programs, along with various charter and private schools throughout the county. In 2014-15, MSPAL served over 1,000 student-athletes throughout 20 different schools. We are looking forward to another safe, fun, and successful season in 2015-16! Practices and games will vary on league transportation needs.



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ROOSEVELT INTERNATIONAL MIDDLE SCHOOL AFTER-SCHOOL CLUBS AND ACTIVITIES

SPORTS & GAMES —

* Tennis —

Five different sessions of six weeks each. You may sign up for one or more sessions.

Session Dates: Sept. 15 – Oct. 20, Oct. 27 – Dec. 8,
Jan. 12 – Feb. 16, Feb. 23 – April 5, April 12 – May 17

Tuesdays, 1:30 – 3:00 p.m., Roosevelt Tennis Courts,

Leader: Lindsey Vosburgh with Youth Tennis San Diego. A \$6 fee is asked for each six weeks of lessons. No child will be turned away for inability to pay. Tennis Club is a fun way to learn the basic fundamentals of tennis. Ideal for beginner to intermediate level of play. All equipment is provided. Join the tennis fun today! For more information: Lvosburgh@ytsd.org or 619-221-9000.



Girls on the Run – Spring semester; various days, 2:30 – 4:00 p.m., PrimeTime Room, Leader: PrimeTime Coach. Meeting twice a week in small teams of 8 to 20 girls, we teach life skills through fun, engaging lessons that celebrate the joy of movement. The 24-lesson curriculum is taught by certified Girls on the Run® coaches and includes three parts: understanding ourselves, valuing relationships and teamwork and understanding how we connect with and shape the world at large.

Over the course of the program, girls will develop and improve competence, feel confidence in who they are, develop strength of character, respond to others and oneself with care and compassion, create positive connections with peers and adults, and make a meaningful contribution to community and society. At each season's conclusion, the girls and their running buddies complete a 5K running event. Completing a 5K gives the girls a tangible sense of achievement as well as a framework for setting and achieving life goals. The results are the same —making the seemingly impossible, possible.



* = Third-party programs; do not require a PrimeTime application for participation.

CONTACT DIRECTORY

Gabriella Espinosa

PrimeTime Supervisor of After-School Clubs

619-346-9983

gespinosa@ymca.org

Sarah North

PrimeTime Coordinator

snorth@ymca.org

PTSA

rooseveltpts1@gmail.com



The YMCA of San Diego County is dedicated to improving the quality of human life and to helping all people realize their fullest potential as children of God through the development of the spirit, mind and body.



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