



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

REST, RELAX, REFOCUS

Deluxe Mexico Spa Trip MISSION VALLEY YMCA

October 16-23, 2016
February 19-26, 2017

Informational Meeting:
August 27, 10a.m. - 12 p.m.

Eight days of pampering, & health and beauty treatments in the majestic Sierra Madre mountains at Ixtapan de la Sal Mexico.



SPA PACKAGE INCLUDES:

- 6 swedish reductive massages
- 3 facials
- 3 reflexology foot massages
- 1 loofah/fango treatment
- 1 hair treatments
- 1 hair styling
- 1 manicure & pedicure
- 3 tennis lessons
- 6 guided morning walks
- Daily yoga, aerobics, Pilates, salsa and aquatics classes
- Nutritionally balanced meals
- Use of fully-equipped gym, whirlpool, sauna & steam room

ADDITIONAL SERVICES ARE AVAILABLE

Total Cost Per Trip*:

\$2,495 per person, double occupancy;
\$2,690 single occupancy

REGISTER BY SEPT. 1 and get \$100 OFF!

EACH FRIEND YOU REFER YOU GET \$100 OFF!

ALL INCLUSIVE, Includes all ground transportation & airfare to the Ixtapan Hotel & Spa, 7-night hotel stay, all meals, taxes, tips and 17 SPA TREATMENTS!

A \$200 non-refundable deposit is required.
*Prices subject to change.

PAYMENT PLAN AVAILABLE

To Book Your Trip: Contact Ivona Kolevska at 619-298-3576 or ikolevska@ymca.org
OR Sandra Lawhon at sl@landmark-key.com